Parenting Support for Every Child

Presentation by Benjamin Perks
Formation of cognitive and non-cognitive skills takes place mainly in the first 4 years.
ADVERSE CHILDHOOD EXPERIENCES INCLUDE:

- Physical Abuse
- Emotional Abuse
- Physical Neglect
- Emotional Neglect
- Household member who suffered from mental health issues
- Household member addicted to illegal drugs and/or alcohol
- Sexual Abuse
- Household member who was incarcerated
- Loss of a parent due to death, divorce, or abandonment
- Witnessing domestic violence against mother

ADVERSE CHILDHOOD EXPERIENCES HAVE BEEN LINKED TO:

- Risky Health Behaviors
- Chronic Health Conditions
- Low Life Potential
- Early Death

There is a very close relationship between Adverse Childhood Experiences and the most serious and expensive health conditions that are facing Californians today.
57% of participants reported at least one ACE
13% reported at least four ACEs

COUNTRIES INCLUDED IN SYSTEMATIC REVIEW

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Association between ACEs and Negative Outcomes

ACEs have been found to have a graded dose-response relationship with 40+ outcomes to date.

Risk for Negative Health and Well-being Outcomes

# of ACEs

0 1 2 3 4 ≥5

*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.*
COST ASSOCIATED WITH ACEs

### Cost to North America & Europe

$1.3$ trillion

- Smoking
- Anxiety
- Respiratory diseases
- Cancer

Rates of Return to Human Capital Investment at Different Ages
(source: Heckman, 2007)
Why support parents and caregivers

- Optimizing early childhood development
- Improving growth and nutritional status
- Enhancing mothers’ and children’s mental health
- Interrupting the cycle of violence and neglect, including perpetration of future violence
- Improving positive interactions of caregivers and adolescents
- Increasing attendance at routine health visits
- Promoting positive social norms about protecting and nurturing children

Building on parents’ existing strengths and supporting them to provide responsive, nurturing care to their young children and adolescents has the potential to have a profound positive influence on child and adolescent development.

Evidence-based parenting interventions should be made readily accessible to all parents and caregivers of children.
Improve children's cognitive, language and socio-emotional development (WHO nurturing care guideline, 2021)

Work best when addressing responsive caregiving including through positive caregiver-child interactions (Jeong et al., 2021)

Can maximize adolescent developmental and mental health trajectories (Shenderovich et al. 2019; Marcus et al, 2019)

Effective in low- middle- and high-income countries for reducing child maltreatment and harsh parenting (Gardner et al., 2022)

Equally effective for younger and older children (Gardner et al., 2022)

Equally benefit poor families, single-mother families, migrant & ethnic minority families and families of children with developmental and mental health conditions (Gardner et al., 2022; WHO mhGAP guidelines)

Evidence of Effectiveness

Number of randomized controlled trials of parenting interventions by year published

435 from 65 countries
Child Survival Revolution

End Preventable Child Death

- Vaccines
- Oral Rehydration Salts
- Nutrition
Child Development Revolution

Every Child safe, Loved and Nurtured

- Parental Leave
- Parenting Programmes
- Universal Early learning 3-6