



SDGS and The Impact of Megatrends on Families: Perspectives From Malaysia

57th Commission on Population and Development (CPD57): Assessing the status of implementation of the Programme of Action of the International Conference on Population and Development and its contribution to the follow-up and review of the 2030 Agenda for Sustainable Development during the decade of action and delivery for sustainable development

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DEMOGRAPHICS TRENDS & DYNAMICS

Population Growth is Slowing Down

Malaysia has seen tremendous growth in the past three decades, fuelled by progressive social and economic development, and so has the size of its population. The population of Malaysia has more than doubled over the last 36 years from **13.9 million in 1980 to an estimated 32.4 million in 2022**.

How is the population of Malaysia trending?

Data as of 01 Sep 2023, 23:59

Population figures include both citizens and non-citizens, but do not include temporary residents.

Population **Growth**

Total Population (2022) **32.4 million**
Population Growth (2022) **0.2%**



Population growth on a yearly basis has decreased from about **2.6% in 1980 to 0.2% in 2022**. The slowdown comes as a result of a combination of public policy, rising education levels, globalization and modern lifestyles, and a shift in mindsets towards smaller-sized family norms.

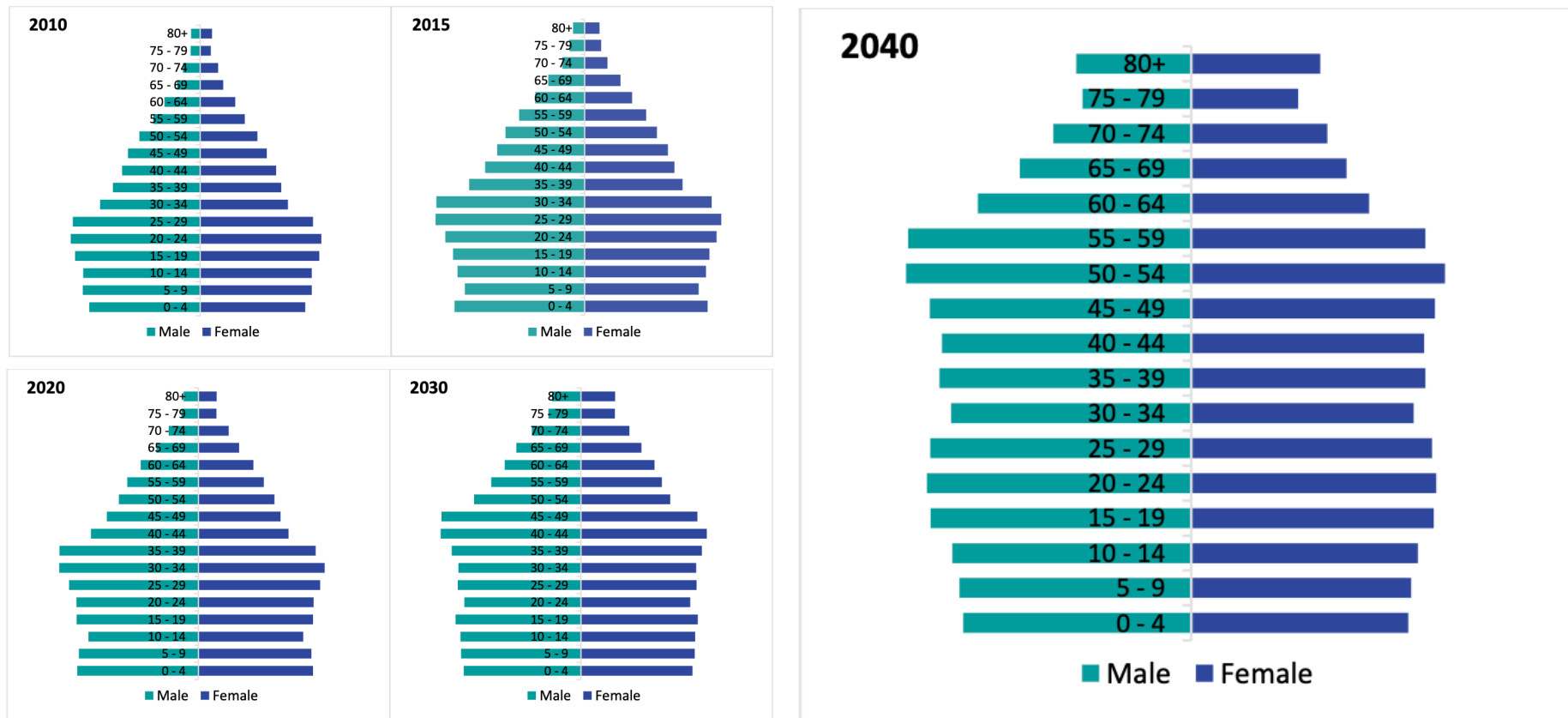
2022
Population: 0.2%



DEMOGRAPHICS TRENDS & DYNAMICS

Rapid Demographic Shifts

Comparing the age pyramids of Malaysia between 2010 to 2040 provides the first visual signal of the end of the first demographic dividend. This is caused by the fact that the continual decline in the TFR has finally 'caught up' and its effects are beginning to show.

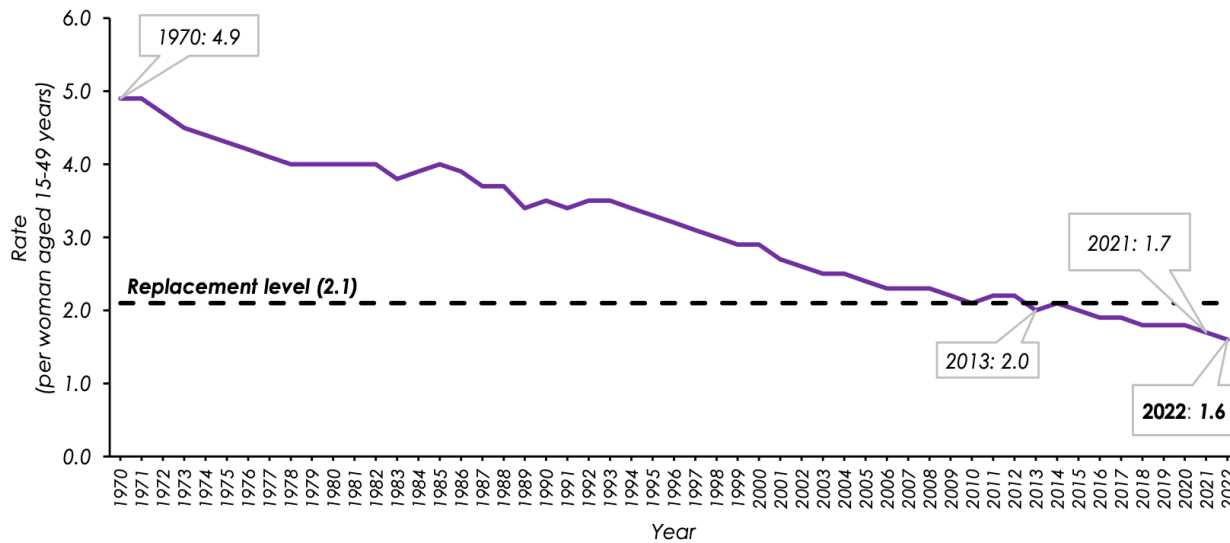


DEMOGRAPHICS TRENDS & DYNAMICS

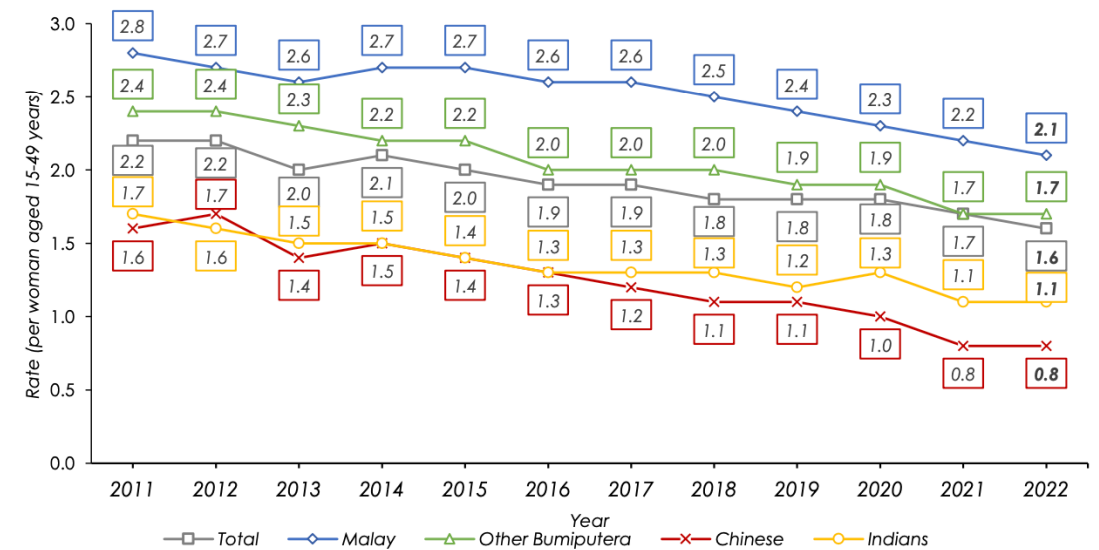
Population Bearing Children Later and Fewer

Malaysia's total fertility rate for 2022 reaches lowest in 50 years. Over the last five decades, fertility measured by TFR has declined significantly **from 4.9 children per woman of childbearing age in 1970 to 1.6 children in 2022.**

Total fertility rate, Malaysia, 1970-2022



Total fertility rate by major ethnic group, Malaysia, 2011-2022



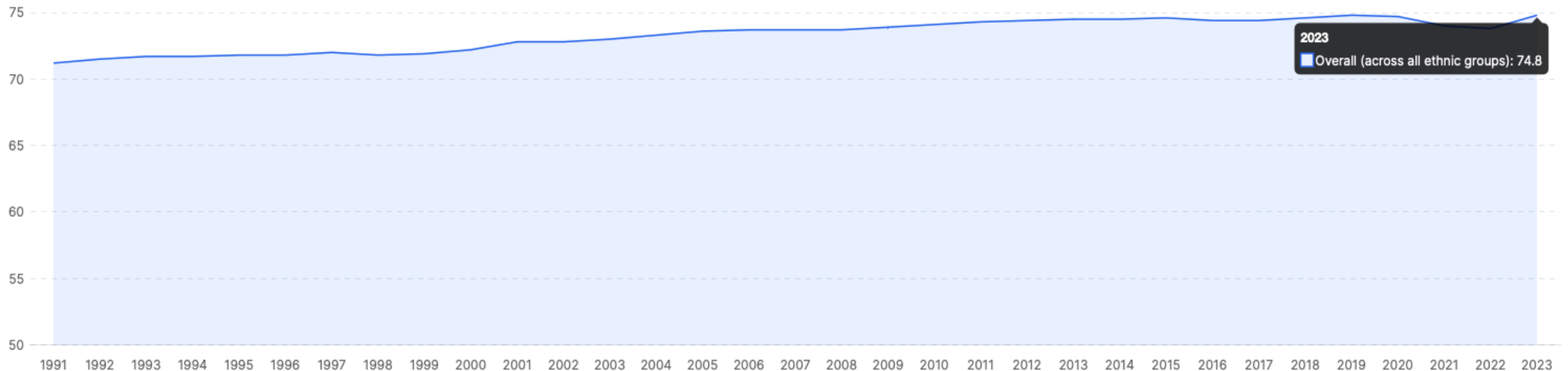


DEMOGRAPHICS TRENDS & DYNAMICS

Malaysians are Living Longer

Malaysians are living longer, and can expect to **live up to about 75 years** at the time of birth, on average. Women have a higher life expectancy at birth of about 77.4 years on average, compared to men who have a life expectancy at birth of about 72.5 years on average

Both sexes	Male	Female
74.8 years	72.5 years	77.4 years





DEMOGRAPHICS TRENDS & DYNAMICS

Malaysia will become an Aged Nation by 2030

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Ageing Population Category	Malaysia	
	Year	Population (%)
Population aged 65 years and above	2020 ¹	6.8
1. Ageing Society (7%)	2020 ²	7.2
2. Aged Society (14%)	2039 ²	14.1
3. Super Aged Society (20%)	2050 ²	19.9
Dasar Warga Emas Negara (DWEN) (60 years and above: 15%)	2030 ²	15.3



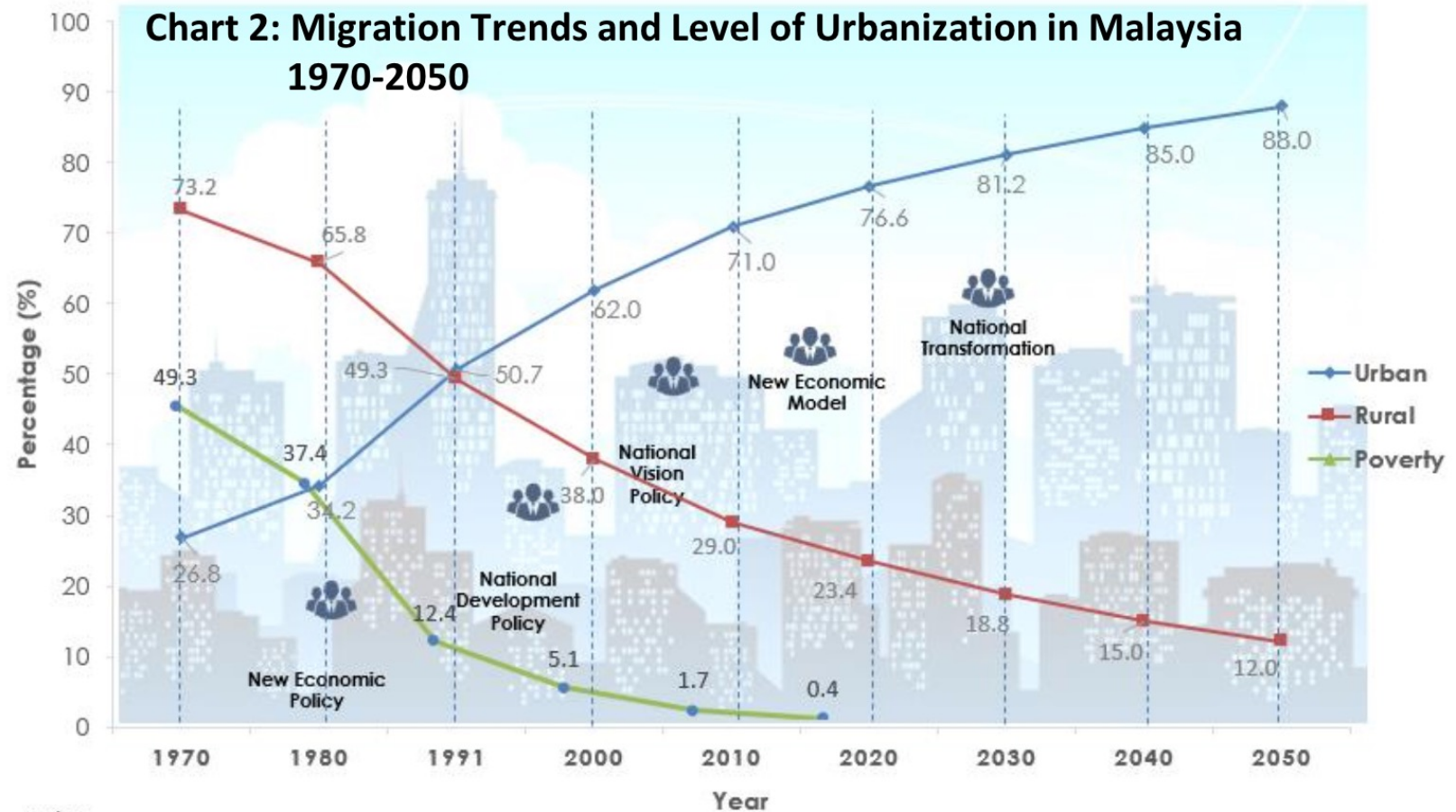
URBANIZATION



Urbanization Driving Unequal Population Distribution Across Regions

In 2015, 74% of Malaysia's population live in urban areas and is **forecasted to grow to 80% in 2030**, compared to just 56% in 1995. The increase in urbanization levels has implications including issues such as:

- shrinking extended family
- changing family value
- increase stress on work-life balance



TECHNOLOGICAL ADVANCEMENTS

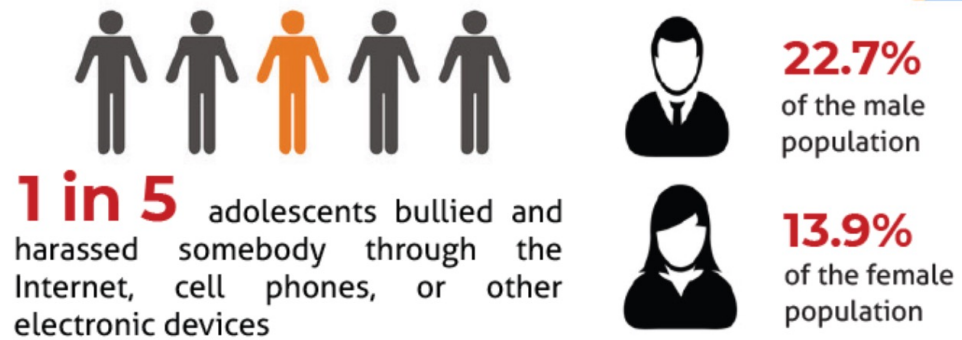
In the future, the largest change factor to the Malaysian way of life will be the interruption of technology

While technology is a great enabler of improving quality of life, the negative influences of technology need to be managed. The negative influences of technology can be seen today, through the rise of modern social ailments such as cyberbullying and sexting.

Most Common Ways of Involvement in Cyberbullying Activities



12 CYBERBULLYING PERPETRATOR AMONG MALAYSIAN ADOLESCENTS



"Spread awareness on cyberbullying perpetration among school-going adolescents and stop cyberbullying"

CHANGING SOCIAL NORMS AND VALUES

Traditional gender roles are evolving, with women increasingly participating in the workforce and men also taking on caregiving responsibilities

This shift in gender roles can lead to conflicts within families as they negotiate new roles and responsibilities.

FIGURE III.1. Female labor force participation rate, 1982–2018

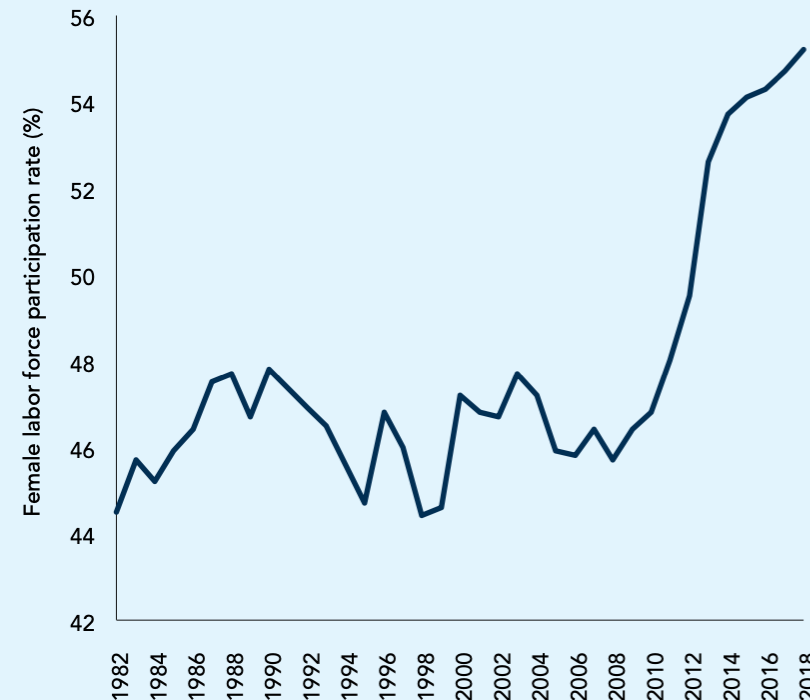
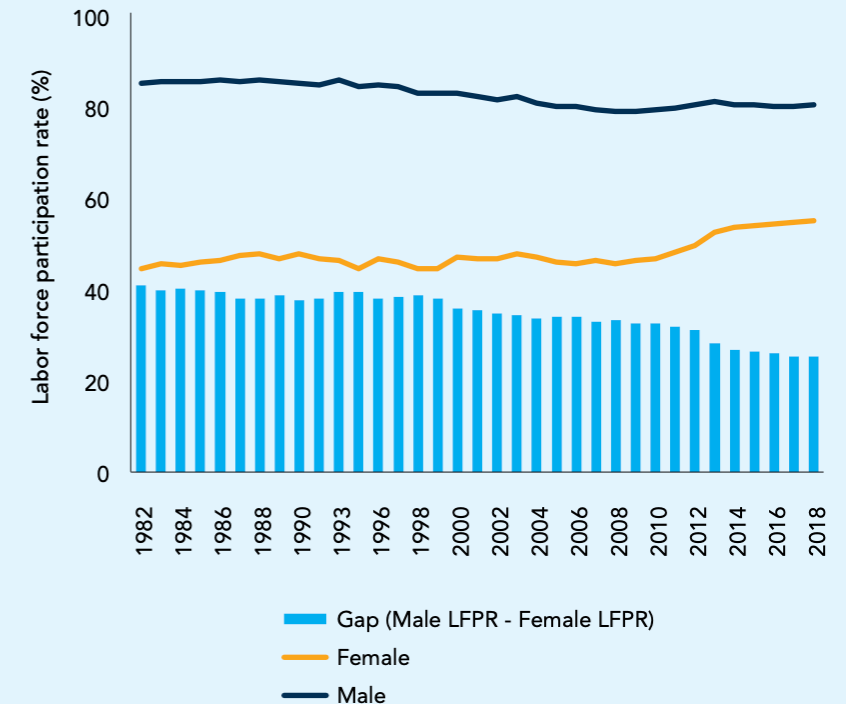


FIGURE III.2. Labor force participation rate by gender and gap in participation rates between men and women, 1982–2018





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STRENGTHENING MALAYSIAN FAMILIES IN ERA OF MEGATRENDS

POLICY

NATIONAL FAMILY PLANNING POLICY, 1966

The National Family Planning Policy is to ensure that all women of reproductive age and/or couples in need receive family planning services to reduce maternal mortality and unmet needs thereby improving the health of mothers and babies

70 MILLION POPULATION POLICY MALAYSIA

The projected population up to year 2100, to drive the development and economy of the country

70

POPULATION POLICY MALAYSIA

DASAR DAN PELAN TINDAKAN PENDIDIKAN KESIHATAN REPRODUKTIF DAN SOSIAL KEBANGSAAN (PEKERTI) 2022-2025

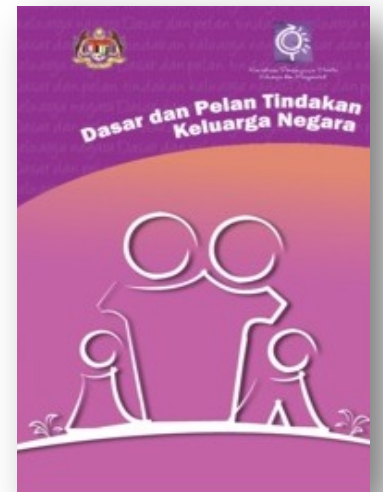


NATIONAL POLICY ON REPRODUCTIVE HEALTH AND SOCIAL EDUCATION (PEKERTI), 2022-2025

The National Policy on Reproductive Health and Social Education applies to all walks of life, regardless of age, to increase knowledge on sexual reproductive health among Malaysian and encourage them to have a positive attitude towards reproductive health and social service

NATIONAL FAMILY POLICY, 2010

A policy prioritising family perspective in all socio-economic development efforts to ensure quality generations



LPPKN FAMILY CENTRE



- a) LPPKN's State Administrative Center
- b) Family Service Center of Excellence
 - Family Education Training Center --
 - Family Counseling
 - Subfertility Clinic
- c) Reproductive Health Services
- d) Interactive, Recreational and Social Centre (AIRIS)
- e) KafeTEEN Centre
- f) Mamacare dan Papacare SPA

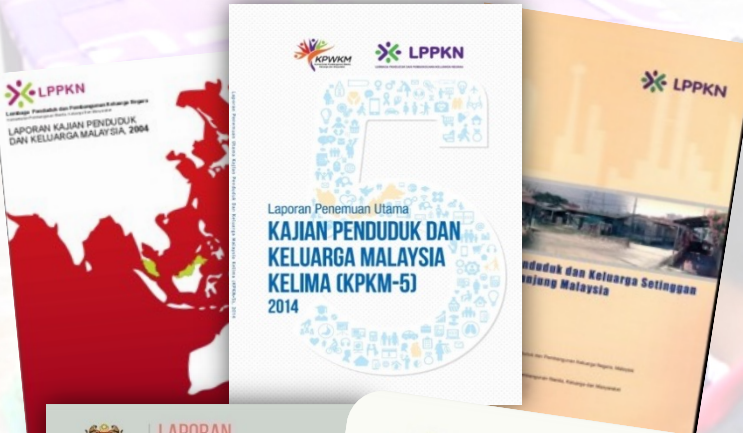


NUR SEJAHTERA CLINIC SERVICES



1. Family Planning;
2. Subfertility;
3. RH Cancer Screening;
4. Wellness Screening;
5. Mamogram; and
6. PVHPV

National Population Conference 2021



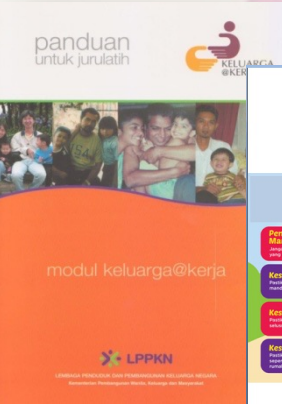
KEMENTERIAN PEMBANGUNAN WARSA, KELUARGA DAN MASYARAKAT



LPPKN CORE PROGRAM

POPULATION & FAMILY RESEARCH

Family Demography | Disseminataion | Monitoring & Evaluation | Module Development



- SMARTSTART Program
- Financial Family Program - SMARTBelanja
- Family Knowledge Program- Ilmu@Keluarga
- Program Parenting@Work
- Family and Child Safety Education Program (PEKA)



- Family Day
- World Population Day
- Mother's & Father's Day
- Strengthening the Parenting Program - NAUNGAN KASIH (UNICEF/LPPKN)
- Expansion of Parenting Courses to the Private Sector (HRDF/LPPKN)



LPPKN CORE PROGRAM

TRAINING AND EDUCATION

Marriage & Parenting | Adolescent Wellbeing | Strengthening the Core Values of the Family | Family Innovation | Teraphy



Group Counselling



Individual Counselling



Therapy based counselling



Stress Management Therapy (Mind Therapy)



Outreach Counselling



Mytherapeutic Family with AADK



Therapy for syndrome on emptiness

LPPKN CORE PROGRAM

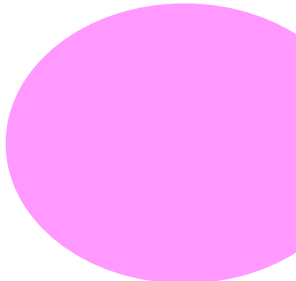
COUNSELLING SERVICE AND PROGRAM



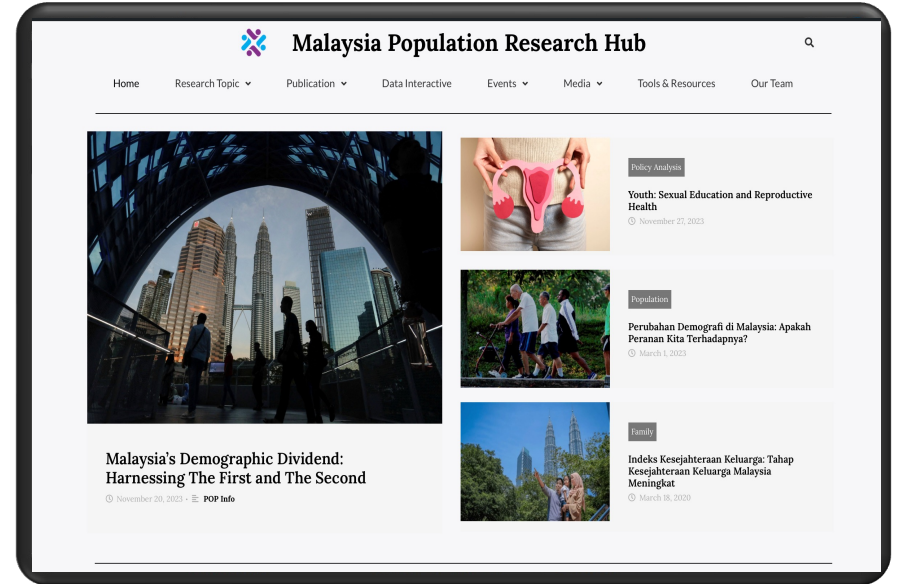
Kafe TEEN

- KafeTEEN program*
- i. SRHE programs in schools*
 - ii. PEKERTI@Komuniti program*
 - iii. KafeTEEN outreach program &*
 - iv. Truck Youth education program through social media Adolescent counseling clinic*

"A modern and youth-friendly Center to help teenagers age 13 to 24 through the youth world comfortably and confidently"



ONLINE ACCESSIBILITY





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THANK YOU