

# WELCOME & INITIALS REMARKS

**Ignacio Socias** 



## **LEVEL 1: ATTENDANCE**



## **LEVEL 2: PARTICIPATION**

**Q** Popular ideas

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Maria José I

Mayssa Issa

Laura Herna

Developing

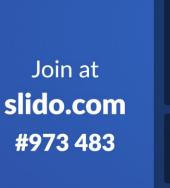
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Set ONE Measurable Objective (New Technologies)	029
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Promote and develop new platforms for mindfulness and me for the children.	ntal health







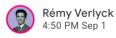
### Advocacy Plan on New Technologies (Day 1)

#### 1. Establish measurable objectives.

In our technologized society, access to the internet should be seen as a human right. This should be accompanied by good telecommunication infrastructure and access to functional equipment. Children shouldn't be left alone in their use of the internet/must-be accompanied supervised in their use of the internet. They should be educated on and monitored in their internet use. This can be achieved by developing and promoting platforms for mindfulness and mental health for children. Parents can contribute to this by educating themselves on their children's internet use, as well as on their own use, and the use of the family. Parents can be supported in guiding their children by the development of platforms for online learning that are user friendly and interactive.

#### 2. Define key messages.

Digital technologies have revolutionized family life in a very short amount of time.





**Replace:** "/ must be accompanied supervised in their use of the internet" with "shouldn't be left alone in their use of the internet"





## **LEVEL 3: ENGAGEMENT**

The main purpose of the Workshop is the elaboration of an **ADVOCACY PLAN** for each one of the three topics.

In order to create a complete **ADVOCACY PLAN**, the following questions will be answered for each topic along the day by **Participants**:

- 1.- Establish measurable **objectives**.
- 2.- Define key messages.
- 3.- Determine the communication **activities** to deliver key messages.
- 4.- Decide what **resources** are necessary to complete each activity.
- 5.- Establish a **timeline** and **responsible** party for each activity.
- 6.- Fix how to **evaluate** whether you have reached your objectives.

## **LEVEL 4: COMMITMENT**

Follow up:

- 1. **Continuity with the group** through the coordinator: local outcomes.
- 2. Participation in **future activities and programmes**:
  - United Nations (New York, Geneva...)
  - European Union, Organization of American States, African Union.
  - National, Regional, Local.
- 3. Career orientation:
  - Inclusive
  - Empathetic
  - Professional
  - Systematic
  - Limited